

Hope. Heal. Recover.

A Quarterly Newsletter for IBH Addiction Recovery

SUMMER 2021



IBH Addiction Recovery's new Firestone Park building is set to open this fall

A New Beginning Expanding Our Footprint to Better Serve Our Community

With the introduction of Outpatient Programs in June 2020, IBH Addiction Recovery became one of the few organizations in Summit County to offer a full continuum of care. "Outpatient Programs provides that extra support that our residential clients can utilize to 'step down' into other services," explains Outpatient Clinical Director Laura M. Kidd, LPCC-S, LICDC-CS.

To accommodate the new programs and the IBH REACH Program, an aftercare program that supports sustained sobriety, IBH Addiction Recovery purchased a building in Firestone Park in late 2019. Located at 1601 South Main Street, the site was chosen for various reasons. One of the most notable was the actual location itself. In proximity to the center of Akron and along the METRO RTA bus line, it's easily accessible to clients using public transportation. And while the neighborhood includes other service-oriented organizations, there are no other nearby drug and alcohol addiction treatment centers. Thus, the addition of IBH Addiction Recovery will offer easier accessibility of services to those living in the surrounding area.

"We look forward to opening this facility so IBH can provide an even more comprehensive level of addiction services to our community."

The building was constructed by Firestone Tire and Rubber Company in 1958 and most recently served as Boy Scouts of America's Summit County headquarters. The nearly 10,000 square-foot space appealed to IBH

Addiction Recovery because it offers ample room to further develop the Outpatient Programs' clinical services and the IBH REACH Program. In addition, it features ample meeting space for community events and support meetings.

The project planning team, consisting of the organization's leadership, Foundation Board of Directors, and architects, decided to convert the "good bones" of the building into a first-class asset for the community. The planning team recognized that expanding Outpatient Programs and providing the IBH REACH Program a premium place to host its meetings was worth the time and investment. The team also realized that the location of the building on a major thoroughfare offered a unique opportunity to increase the community's awareness of IBH Addiction Recovery.

Today, the newly renovated building offers an inviting environment for IBH Addiction Recovery outpatient and aftercare clients and staff to engage in meaningful drug and alcohol addiction treatment. "We were able to keep the outpatient area separate from the community area while still allowing clients to conveniently access services as needed," says Kidd. "A guest can be a client of IBH Outpatient Programs, but also can walk down the hall and attend a community AA meeting."

Executive Director Jonathan Wylly said that while the COVID-19 pandemic was a project distraction at times it did not affect the material supply chain or the licensing and approval processes. "The fact that we put this together in two years – with 90% of it during the pandemic – is really a tip of the hat to everyone involved."

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Recovery Has a New Place to Call Home

Firestone Park Facility to House Outpatient Programs Including REACH Program



"IBH is doing things in a very new, innovative way, which is going to be very supportive of and supported by other areas in the recovery community."

Since established in 2020, Outpatient Programs has been operating on the IBH Addiction Recovery residential campus near the Portage Lakes. Upon the opening of the Firestone Park building, however, Outpatient Programs will have a new permanent home.

"Outpatient Programs allow IBH Addiction Recovery residential clients to continue aftercare treatment with professionals they already know and trust once they graduate from our (residential) program," explains Outpatient Clinical Director Laura M. Kidd, LPCC-S, LICDC-CS. It also allows new clients to enter IBH Addiction Recovery at virtually any point of the recovery process based on their individual needs.

Outpatient Programs include three components: an outpatient program, an intensive outpatient program (IOP), and the IBH REACH Program. The outpatient programs provide access to the treatment and support clients need for recovery while still attending school or working a job. IOP is a higher level of care and consists of at least nine hours of services per week. The IBH REACH Program, launched in 2014, provides organized post-treatment activities that foster safe friendships, reinforcement of values learned during treatment, a strong sense of community, and increased self-esteem. REACH stands for Recovery, Education, Accountability, Community, and Hope.

According to Director Mark Salchak, the IBH REACH Program had been looking for a place to call home since early 2016. "We were looking for somewhere with a large indoor meeting space for our recovery support meetings, but nothing ever worked out. We had to just utilize places here and there, without any consistency." With the opening of the Firestone Park building, the IBH REACH Program will finally have a place to call its own. "The permanent location is really going to help our program logistically. No more 'where are we meeting this week?' or 'where are we next week?" People will now know where they can come to connect and assemble.

In fact, the new building features a dedicated "Drop-In Center" where people can go when in need of positive recovery reinforcement. Offering a coffee shop-like atmosphere, the new meeting space is specifically designed for someone who just needs a place to go and make a connection. In addition, peer supporters and professionals offering referrals to outpatient services or other levels of care will be available at the new building.

The Firestone Park facility will also offer access to a computer lab. Developed for outpatient clients who might not otherwise have internet access, the lab provides the necessary technology to work on job applications or build resumes. "IBH is doing things in a very new, innovative way," says Salchak, "which is going to be very supportive of and supported by other areas in the recovery community."



A New Beginning Expanding Our Footprint to Better Serve Our Community

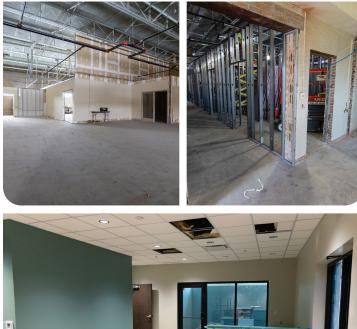
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"These special recovery programs are a dream come true for those who have served and supported IBH's recovery services," says Tim Killian, a longtime IBH Addiction Recovery Foundation Fund board member. "We look forward to opening this facility so IBH can provide an even more comprehensive level of addiction services to our community."

In fact, studies show that the longer a recovery organization can maintain a relationship with clients, the better chance they have to sustain recovery. "By growing our Outpatient Programs, we're going to be able to stay in contact with clients on a much more consistent, long-term basis, which will help contribute to their success as individuals," explains Wylly. "That's our hope that this venture extends our relationship with those clients to the point where they can be successful independently."

Wylly credits the IBH Addiction Recovery Foundation Board for their leadership in making the Firestone Park project a reality. "We appreciate their vision, leadership, and financial support of this project. It just would not have been possible without them."

The new IBH Addiction Recovery Outpatient Programs and Aftercare building in Firestone Park is scheduled to open in Fall 2021.





Progress at the Firestone Park building has been steady since the buildout began earlier this year. From removal of existing walls to the installation of new mechanicals, walls, and flooring, the building has been completely renovated.

TAKE **NOTE**

IBH Addiction Recovery Adds Medical Mutual Insurance as Form of Payment



IBH Addiction Recovery can now accept Medical Mutual's SuperMed members. The addition of **Medical Mutual** provides another opportunity for individuals who are seeking addiction treatment to receive the help they need. IBH Addiction Recovery also accepts Ohio Medicaid and Medicaid managed care plans.

"This is exciting news. It means that we can now serve more people with substance use disorder and aid them in their journey to recovery," said Meredith Myers, Chief Clinical Officer.

For more information visit ibh.org/insurance-finances.

Key Leadership Roles Filled



Jess Rist has joined IBH Addiction Recovery's as its Development Manager. Jess brings years of both professional and personal experience in nonprofit fundraising, event planning, volunteer management, and community outreach. She has dedicated her life

to fighting and advocating for causes important to her and her communit,y including IBH Addiction Recovery, the National MS Society, the Alzheimer's Association, OPEN M, and more.



IBH Addiction Recovery is pleased to announce that **Matt Vance** has been promoted to Operations Director. Matt has been with IBH Addiction Recovery for the past nine years, most recently as Food Service and Catering Manager. In his new role, Matt will engage in

cross-functional partnerships with all departments by managing activities related to the day-to-day operations of the organization.

35th Annual Golf Outing

The **35th Annual Golf Outing** to support IBH Addiction Recovery and its REACH Program was held on June 21 at Silver Lake Country Club. IBH Addiction Recovery would like to thank the event sponsors, especially the title sponsors RG Barber Consultants and Welty Building Construction, as well as the more than 90 golfers who teed up to help take on addiction. Thanks to their generosity, the event raised \$28,000.



3445 South Main Street | Akron, Ohio 44319

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Join Us for the 50th Anniversary Gala September 30, 2021

IBH Addiction Recovery will be hosting a 50th Anniversary Gala on Thursday, September 30, 2021, from 6:00 to 9:00 p.m. at the John S. Knight Center in Akron, Ohio. Timothy and Aleta Killian and Dan and Sherida Pohl are honorary event co-chairs. Trustee Glenda Buchanan is the event chair, and local celebrity Robin Swoboda will serve as the gala's emcee.

Event tickets and sponsorship opportunities are available online at ibh.org/50th-anniversary-gala.

Coloring Our World With Kindness

A big THANK YOU to the Archbishop Hoban High School students who visited IBH Addiction Recovery to beautify the campus as part of their JAM (Justice Akron Ministry) summer program. Their hard work brought a burst of color to the campus' landscape.

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