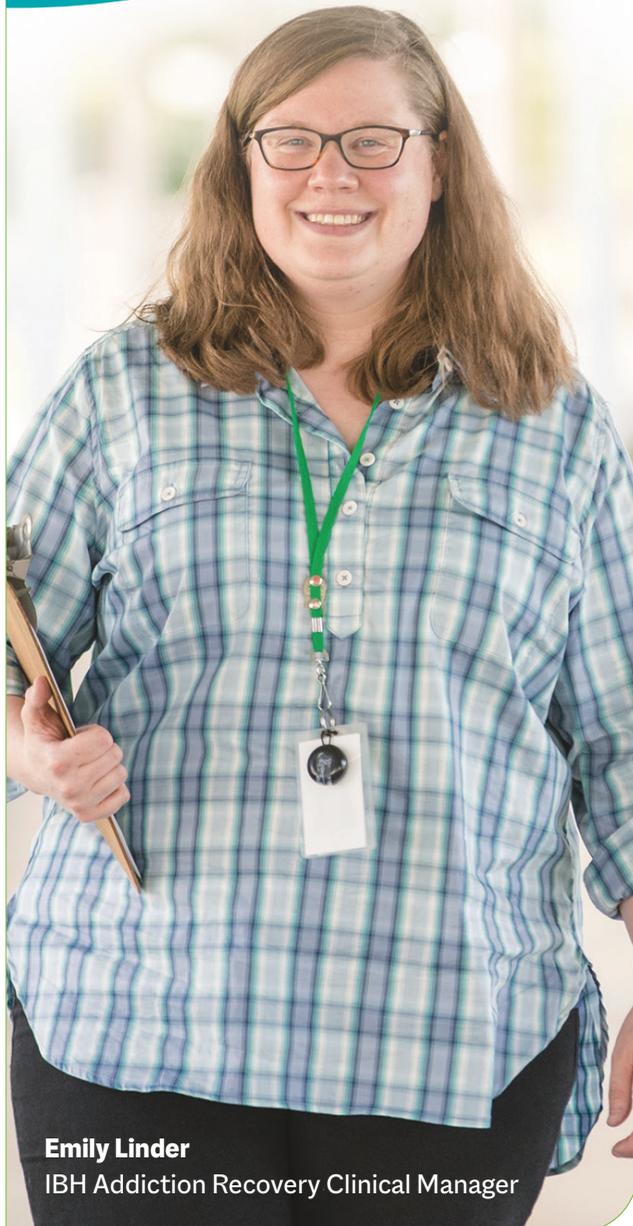


Hope. Heal. Recover.

A Quarterly Newsletter for
IBH Addiction Recovery

FALL 2022



Emily Linder
IBH Addiction Recovery Clinical Manager

Thank You for Your Continued Support

Your commitment to IBH Addiction Recovery is a life-saving effort.

Each year we appeal to the members of our community to support IBH Addiction Recovery. But the donations you make are so much more than a means for us to continue with our work. You provide the critical tools for persons with drug and alcohol addiction to live again through recovery.

To recover is to rebuild. It is to willfully turn against the stream of your life to forge a new path. It takes strength to recover. And a community to offer support to help you stay the course.

IBH Addiction Recovery has been a trusted partner on the path to recovery for over 52 years. For more than half a century we have been here for Summit County and its residents, providing life-affirming care in those moments when individuals are at their most vulnerable.

“Thank you, IBH, for helping me gain the tools to stay clean and open my life to a new way of living.”

[IBH Addiction Recovery Client](#)

According to the National Institute on Drug Abuse, every dollar invested in addiction treatment generates a return of between \$4 and \$7 in reduced drug-related crime, criminal justice costs, and theft, proving that addiction affects all of us. Addiction to drugs and alcohol is a complex social and

economic issue, but it is also a treatable disease.

IBH Addiction Recovery continues to be here for individuals from all walks of life.

Throughout the last year, we have grown with the addition of our Recovery House and Firestone Park Outpatient and Aftercare Facility. We have also expanded and enhanced our services, while continuing to provide quality drug and alcohol addiction treatment using clinical best practices based on science — just like treatment for any other disease.

The challenges of the addiction crisis are significant but solvable.

At IBH Addiction Recovery, our services include individual counseling, group counseling, interventions, medication-assisted treatment, eye movement desensitization and reprocessing, cognitive behavioral therapy, twelve-step facilitation therapy, and more. These proven evidence-based practices are at the forefront of our addiction treatment, making IBH Addiction Recovery a best-in-class facility.

We have the expertise, but we need your support to continue to sustain our services and meet the demands of the evolving landscape with urgency and the highest standards of care.

“We come here vulnerable, scared, and alone. We leave with a family.”

[IBH Addiction Recovery Client](#)

A donation to IBH Addiction Recovery’s 2022 Annual Fund will provide access to critical treatment programs. Visit ibh.org/giving or contact Jess Rist at 330.237.6883 or JessR@ibh.org for information.

SCAN THE QR CODE TO DONATE ONLINE >



Striving to Deliver the Highest Quality Care

CARN certification elevates the practice of nursing for drug and alcohol addiction treatment.



“I find that studying for, and then passing, the CARN is helping me practice Nursing at IBH Addiction Recovery with more evidence-based knowledge.”

A Certified Addictions Registered Nurse (CARN) is recognized by the Addiction Nursing Certification Board (ANCB) as a clinical expert in preventing, intervening, treating, and managing addictive disorders. Within just the past few months, three IBH Addiction Recovery registered nurses — Jessie Rivera, Amy Phillips, and Nicole Kavali — received their CARN certification.

CARN specialization represents expertise in knowledge, skill, and ability beyond the primary nursing credential. Successful completion of the CARN exam attests that a person meets ANCB standards and elevates the practice of nursing for addiction treatment. “Being CARN certified adds professionalism to the field of addiction nursing. It shows commitment to this unique specialty and aids in providing our clients the highest standards of care,” says Jessie Rivera, registered nurse at IBH Addiction Recovery.

The ANCB was created in 1989 under the International Nurses Society on Addictions. ANCB’s primary purpose is to provide a mechanism for a quality nursing specialty certification for addictions nursing by promoting the development, implementation, and coordination of all aspects of

certification and recertification. Registered nurses who have a minimum of 2,000 hours of nursing experience related to addictions are eligible to apply for the CARN exam.

ANCB’s rigorous standards of excellence are aligned with IBH Addiction Recovery’s mission to offer persons with drug and alcohol addiction the opportunity to restore hope and gain skills for a lifetime of sobriety. While not a medical facility, IBH Addiction Recovery provides supportive health services designed to educate, empower, and assist clients with managing their physical well-being.

IBH Addiction Recovery’s Health Services department provides clients with medical care relating to episodic illness, care of acute and injurious conditions, monitoring of chronic diseases, and medication management without needing to leave the property.

Registered nurses at IBH Addiction Recovery provide direct client care through assessment, teaching, and support. In addition, they assist clients with medical needs by helping them plan for their discharge and transition back into a life outside of residential treatment.

“I find that studying for, and then passing, the CARN is helping

me practice Nursing at IBH Addiction Recovery with more evidence-based knowledge,” says Amy Phillips, IBH Addiction Recovery registered nurse.

IBH Addiction Recovery clients can be confident that nurses who have obtained their CARN certification are recognized clinical experts in addictions nursing. They have shown skill, knowledge, and dedication to providing quality, evidence-based care.



Substance abuse nurses specialize in pain management, administer and oversee treatment, and advise clients on the various treatment options available.

Reaching the Goal of Becoming a CEU Provider

Offering opportunities for staff to expand and enhance professional skills.

IBH Addiction Recovery is now recognized as an approved provider for continuing education per the Ohio Counselor, Social Worker, and Marriage and Family Therapist (OH CSWMFT) Board.

Continuing Education Units (CEUs) are educational and professional programs used by the OH CSWMFT to assist counselors, social workers, and marriage and family therapists with maintaining their licensure.

Over the past two years, statistics indicate that substance use, overdose emergency room visits, and overdose deaths have all increased. At the same time, there is a behavioral health workforce shortage.

IBH Addiction Recovery is meeting the demands of the current crisis by facilitating certification in support of the healthcare workers seeking to make this commitment.

“This has been our goal for quite some time, and we’re happy to be an approved provider per the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.” explains Residential Treatment Director Richard Rice, LPCC-S.

“This allows us to offer training with continuing education units to better serve the clients seeking treatment at IBH Addiction Recovery.”

The first CEU offered at IBH Addiction Recovery will be on Dialectical Behavior Therapy (DBT) skills training. DBT is an evidence-based form of Cognitive Behavioral Therapy (CBT) that has demonstrated effectiveness in equipping individuals who struggle with both substance use and mental health disorders with practical, evidence-based strategies for managing and regulating emotions.

“This is a great opportunity for our staff to expand their skills and increase the quality of care for clients seeking treatment at IBH Addiction Recovery,” says Rice. “We must maintain and seek new certifications, licenses, and therapy techniques to remain a best-in-class facility. No two clients are the same, so by expanding our skillset, we’ll be better equipped to meet the individualized needs of people in recovery.”

MEET OUR STAFF • Amber Haney



“I get to see awesome, amazing things happen every day in the lives of the people I work with and serve. That’s a pretty special thing to get to be a part of.”

As Outpatient Clinical Supervisor, Amber Haney provides clinical supervision to a multi-disciplinary staff of clinicians, case managers, and peer recovery supporters at the Firestone Park Outpatient and Aftercare Facility. In her spare time, Amber likes attending concerts, especially if it’s Reba McEntire! Amber has seen Reba countless times and even flew to Vegas to see her at Caesars.

TAKE NOTE

IBH Addiction Recovery Nurses Pass the Test

Congratulations to IBH Addiction Recovery nurses Jessie Rivera, Amy Phillips, and Nicole Kavali on passing their Certified Addictions Registered Nurse (CARN) exams! The CARN certification serves to promote quality nursing care by providing a mechanism for nurses to demonstrate their proficiency in a specialty area and elevates the standards of addictions nursing practice. See the article on page 2 of this issue for more information.



Jessie Rivera



Amy Phillips



Nicole Kavali

Putting the Pieces Back Together

Peer Recovery Supporters worked on puzzles with clients while having productive conversations about living in recovery. Coming together to complete an activity is a simple yet effective way to build relationships in recovery.



Clothing Donations Accepted

IBH Addiction Recovery is now accepting gently worn, clean clothing donations for clients in our Residential Treatment program. We are currently in need of all sizes of warm weather clothing.

Donations can be made Monday through Friday 8:30 a.m. - 4:00 p.m. at the Therapy/Admissions Building on the IBH Addiction Recovery Main Campus in Portage Lakes: 3445 S. Main Street, Akron, Ohio 44319.

For more information, visit: www.ibh.org/giving

Join The Conversation

Follow IBH Addiction Recovery on Facebook, Instagram, LinkedIn, and Twitter




IBH ADDICTION RECOVERY

37th Annual Golf Outing

June 26
Monday | 2023

11:00am	Registration
11:30am	Lunch
12:30pm	Shotgun Start
5:15pm	Dinner, presentations, prizes

Proceeds from this event help to support
IBH Addiction Recovery's REACH Program

This event will follow all State of Ohio and Silver Lake Country Club guidelines regarding COVID-19 to ensure the safety of all golfers and volunteers.

Save The Date for IBH Addiction Recovery's 37th Annual Golf Outing

Join us in supporting the IBH Addiction Recovery REACH Program by playing in or supporting our 37th Annual Golf Outing. The outing will take place on Monday, June 26, 2023 and once again be held at Silver Lake Country Club.

This event sells out well in advance, so if you are interested in playing in the outing we recommend reserving your spot early. There are also several sponsorship opportunities. The golf package includes lunch, dinner, skins, a mulligan, and skill prizes. There are also contests for long drive, long putt, pin shots, and hole-in-one.

All proceeds from the golf outing benefit the IBH Addiction Recovery REACH Program.

For more information, please contact Jess Rist at 330.237.6883 or JessR@ibh.org.

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