# Building a Recovery Community

Impact Report for 2023



IBH CTION RECOVERY

#### A Message from Our Executive Director



For 53 years, IBH Addiction Recovery has offered the best available treatment options and supportive services available for those impacted by the disease of addiction. We remain steadfast in our commitment to our clients, partners, donors, and the communities we serve to continue evolving as the demands for our services grow and change.

Addiction is pervasive amongst all socio-economic groups, often with deadly consequences. The accidental overdose statistics we encounter continue to be alarming. Ohio ranks fifth nationally in total overdose deaths, and in 2023 alone, Summit County lost 228 lives. In August, the Summit County Public Health Department issued a rare public health alert due to seven suspected overdose deaths over the span of only four days. It's clear that our fight in the ring of addiction is far from over.

Because quick access to services is critical in treating substance use disorders, IBH Addiction Recovery has prioritized reducing the wait time between a referral and connecting a client to an effective treatment program. During the last quarter of 2023, it took just over one day (1.34), on average, for staff to match a client with treatment.

To help meet the demand for our services, IBH Addiction Recovery has doubled the days and hours for walk-in assessments at our Firestone Park Outpatient and Aftercare Facility. Formerly open two days per week for four hours, walk-in assessments are now offered Monday through Thursday for eight hours per week.

We want everyone who walks through our doors to feel like they belong here, just as they are. Since we opened in 1970, IBH Addiction Recovery has served anyone regardless of faith, identity, or race. We recently implemented a formal diversity, equity, and inclusion (DEI) framework to officially recognize our commitment to DEI. This will ensure progress toward a sense of belonging for everyone we serve.

Thank you for your continued support of IBH Addiction Recovery.

Jonathan Wylly Executive Director IBH Addiction Recovery



#### **Our Mission**

IBH Addiction Recovery offers persons with alcohol and drug addiction, including those with a co-occurring mental health disorder, the opportunity to restore hope and gain skills for a lifetime of sobriety. 2023 At a Glance

1,139 Total unique clients admitted at some level along the Continuum of Care

130,349 Total services provided Unique Client Program Participation

**489** Residential

**286 Day Treatment** (Partial Hospitalization)

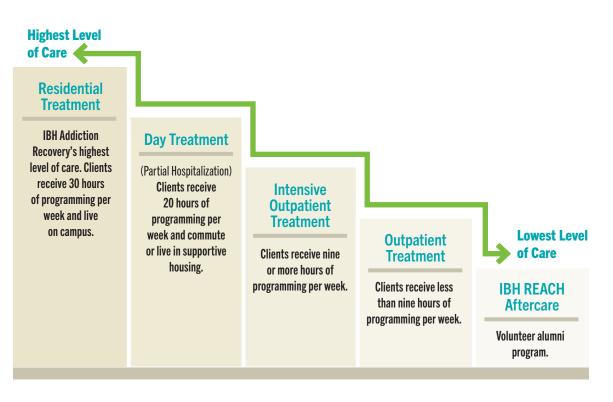
**237** Intensive Outpatient 909 Outpatient

**390** IBH REACH Aftercare

**57** Recovery House

**279** Peer Recovery Support

### IBH Addiction Recovery's Continuum of Care



### New Initiatives



IBH Addiction Recovery partners with Running2bwell whose focus is to help those struggling with substance abuse or mental health issues develop healthier lifestyles with the objective of better mental health.

#### **Community Partnerships**

IBH Addiction Recovery is committed to providing additional services to clients while they're engaged in residential treatment. This past year, we partnered with local community agencies and organizations to help bring a variety of these services to our campus. Designed to supplement the 30-hour intensive programming that residential treatment clients undergo weekly, these partnerships offer clients non-treatment-related activities such as peer support, fitness, parenting classes, nutrition services, art therapy, and more.

#### **Outpatient MAT**

During 2023, IBH Addiction Recovery expanded Medication-Assisted Treatment (MAT) to our outpatient program. MAT is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole patient" approach to the treatment of substance use disorders. MAT is intended as a time-limited treatment, not a permanent solution, and is utilized with counseling, education, and support services a client receives in our outpatient program. Outpatient MAT<br/>is administered<br/>by medical staff<br/>and combined<br/>with counseling<br/>and behavioral<br/>therapies.



#### **A Place for All**

IBH Addiction Recovery has formally committed to Diversity, Equity, and Inclusion (DEI) to focus on sustained efforts to foster a culture where diversity is celebrated, equity is prioritized, and inclusion is valued. Through active listening, education, dialogue, empowerment, and ongoing review of business practices and treatment services, IBH Addiction Recovery strives to ensure progress toward a sense of belonging for everyone and opportunities for all employees and clients to thrive.

## IBH REACH Program Stats

The IBH Addiction Recovery REACH (Recovery, Education, Accountability, Community, and Hope) Program provides organized peer-based volunteer activities and support meetings that foster safe friendships, reinforce values learned during treatment, and create a strong sense of community.

**416 recovery support meetings** = 5,095 hours of attendance, 1,675 total attendees, 349 unique client attendance 115 service learning projects
= 2,345 hours of attendance,
491 total attendee,
267 unique client attendance

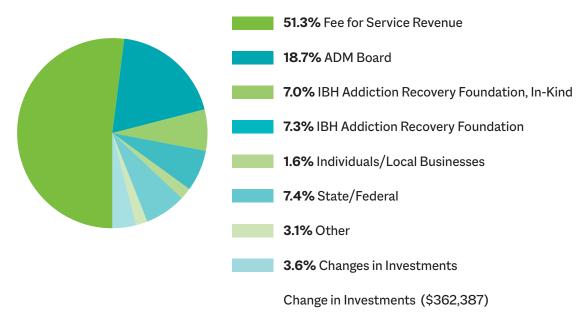


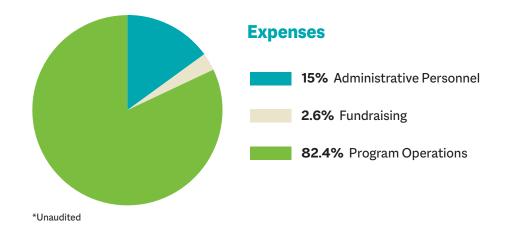
66 REACH has saved my life. The camaraderie is amazing! )) - Ed, REACH participant, 18 months in recovery



### 2023 Financial Report

#### Revenue







### Board of Trustees

**Tom Pitts**, Chair Retired, Senior Partner, Marshall Grinder Debski Pitts Co., LPA

**Ben Comston**, Vice Chair Vice President of Operations, Genesis Financial Solutions, Inc.

**Carol Klinger, Treasurer** Retired, Vice President of Real Estate, Hallrich Incorporated dba PIZZA HUT

Vicki Raynor, Secretary Recovery Advocate

John Anderson, Director of Sales, Distributor Marketing Management Christine Boulden, Chief Nursing Officer, Signature Health Tammy Bratton, Senior IT Project Manager, Goodyear Tire & Rubber Company Timothy Hagenbaugh, Senior Manager, Ernst & Young, LLP Rosie Hickin, Senior Web Technologies Analyst, Summa Health Robert Jacobs, Regional Director of Laboratory Services, Mercy Health Regional Medical Center Joyce Lagios, Promotions, WAKR/WONE,WQMX Maggie Petrush, Esq., General Counsel, M-Partners, Inc. Debbie Rutherford, Retired, Administrator of Behavioral Health Services, Nationwide Children's Hospital Dana Saporito, Legal Counsel, Jo-Ann Stores, LLC Chris Stahr, Community Development Director, Summit County Valor Court Michael Taylor, Welty Construction

Jonathan Wylly, Executive Director, IBH Addiction Recovery





Hope. Heal. Recover.



Main Campus 3445 S. Main Street | Akron, Ohio 44319

Firestone Park Outpatient & Aftercare Facility

1601 South Main Street  $\mid$  Akron, OH 44301

330.644.4095 | info@ibh.org | ibh.org

