



Jonathan Wyllly

Executive Director
IBH Addiction Recovery

Friends of IBH Addiction Recovery:

Over IBH Addiction Recovery's more than 50-year history, there have been various inflection points where we have evolved to meet the changing needs of our community. Recently, our Board of Directors approved a revised organizational mission statement to reflect our commitment to addressing the co-occurring mental health needs of clients in our care.

When someone with a mental health disorder also struggles with drug and alcohol addiction, they are said to have a "dual diagnosis." Research has shown that individuals with dual diagnosis often have worse outcomes than those with only one condition. This is because the two conditions can interact with and exacerbate each other.

People with co-occurring mental health disorders and drug and alcohol addiction often require treatment that addresses both conditions simultaneously. IBH Addiction Recovery has enhanced our treatment programs and services to respond to the need for more specialized care. These enhancements include medication-assisted treatment, therapy, and support groups, among other interventions. Without adequate treatment, individuals with dual diagnosis may struggle to recover from addiction and maintain good mental health.

As an organization, IBH Addiction Recovery focuses on evidence-based treatment approaches. By addressing the root causes of drug and alcohol addiction, whether trauma, genetics, or mental health disorders, we can tailor treatment plans that improve a client's chances of living a life in recovery. Our new mission statement embodies this approach and clearly states our intentions to treat the whole person through a continuum of care.

A handwritten signature in black ink, appearing to read "Jonathan Wyllly". The signature is fluid and cursive, written on a white background.

Our Mission

IBH Addiction Recovery offers persons with alcohol and drug addiction, including those with a co-occurring mental health disorder, the opportunity to restore hope and gain skills for a lifetime of sobriety.





2022 Stats 1/1/2022 - 12/31/2022

957 Total unique clients admitted at some level along the Continuum of Care

On average, each client received **142** services

18 - 85 years
Admission age range

591
Male clients

366
Female clients

Unique Client Program Participation

589
Residential

467
Outpatient

280
Day Treatment (Partial Hospitalization)

333
IBH REACH Aftercare

226
Intensive Outpatient

63
Recovery House

Services Help Provide Critical Enhancements to Treatment Programs



FAMILY EDUCATION

IBH Addiction Recovery has launched a new Family Education service designed to help anyone seeking to understand the disease of drug and alcohol addiction and learn healthy ways to support individuals in treatment and recovery. Family Education consists of a series of critical topics such as treatment expectations; models of addiction; boundaries and communication; warning signs of relapse and triggers; coping skills and wellness; and supportive community resources.



PHYSICAL FITNESS

An improved sense of physical well-being often leads to improvements in self-perception — a critical component of addiction recovery. IBH Addiction Recovery provides physical fitness activities and facilities, including a full-size gym with elliptical equipment, treadmills, stationary bikes, and workout centers in each house. The facilities also include ballfields and a track for warmer weather activities and there are plans to expand services to offer more opportunities for physical fitness.



SPIRITUAL CARE

Spirituality is the active process of having purpose and meaning in your life. Spiritual beliefs include a relationship with something beyond ourselves. It is often related to an existential perspective of life and who we are as human beings. Our clients walk through the doors of IBH Addiction Recovery overwhelmed by a sense of anxiety, frustration, remorse, guilt, and shame. They've lost their way, all hope, and their spirits are broken. As they begin to build connections with their spirituality, a sense of self often evolves leading them towards life-long recovery. Our job daily is to remind them that they matter - that they are enough.



IBH REACH Program Stats

183 recovery support meetings
= 4,244 hours of attendance, 1,240 total attendees,
162 unique client attendance

83 service learning projects
= 1,778 hours of attendance, 367 total attendee,
114 unique client attendance

Average recovery time is **295** days!



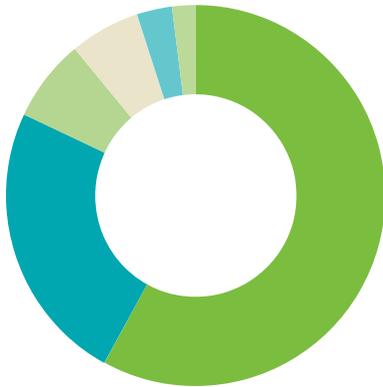
“ When I’m at the end of my rope REACH is always my safe place. In early recovery it taught me so much. Keeping me occupied, keeping me around sober peers. ”

- Joy, IBH REACH Program Participant



2022 Financials

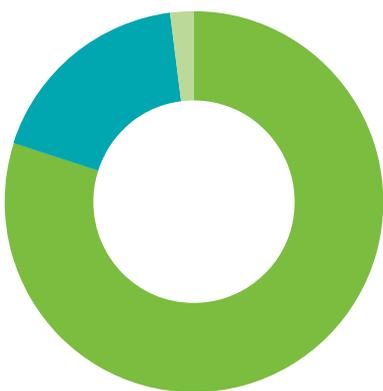
2022 Revenue



- 55.2% Fee for Service
- 21.9% ADM Board
- 6.7% IBH Addiction Recovery Foundation, In-Kind
- 5.7% IBH Addiction Recovery Foundation
- 2.9% Individuals/Local Businesses
- 1.9% State/Federal

Change in Investments (\$502,765)

2022 Expenses



- 17.5% Administrative Personnel
- 2.1% Fundraising
- 80.4% Program Operations

*Unaudited



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Jonathan Wyllly, Executive Director, IBH Addiction Recovery



Hope.
Heal.
Recover.



Main Campus

3445 S. Main Street | Akron, Ohio 44319

Firestone Park Outpatient & Aftercare Facility

1601 South Main Street | Akron, OH 44301

330.644.4095 | info@ibh.org | ibh.org



A contract agency of County of Summit
Alcohol, Drug Addiction & Mental Health Services Board