

Family Education

Understanding the causes of drug and alcohol addiction is critical to supporting persons who are in treatment and recovery. IBH Addiction Recovery incorporates education in our treatment programs for both clients and their families. The Family Education service offers tools to support loved ones who are receiving treatment for their addiction.

The Family Education service is designed for those who are seeking information on the disease of drug and alcohol addiction and insight on how best to support loved ones in a healthy way. This includes client relatives, partners, friends, and those who are considering treatment options.

Subjects to be covered include:

- Overview of our treatment approach
- What to expect during treatment
- Understanding addiction
- How to set boundaries and communicate during treatment
- How to identify warning signs and triggers
- Coping skills, wellness, and support resources

Dates and Time

Family Education services are offered the 1st and 3rd Saturday each month between 10:00 a.m. - 12 noon.
Starting February 18, 2023.

Location

Firestone Park Outpatient and Aftercare Facility
1601 S. Main Street in Akron

Registration

The program is free but registration is required. To register, call **234.260.2703** or visit: **ibh.org/familyeducation**

